

# Tape in At Home Care

\*Important! DO NOT wash your hair for 24 hours after getting your extensions installed\*

## **BRUSHING:**

- Use a BELLAMI boar bristle or wet brush daily to remove any knots or tangles.
- Gather the hair into a ponytail and securely hold close to the scalp. Begin brushing from the ends, carefully working your way up toward the scalp.
- Brushing your hair before it gets wet will keep the hair from tangling while washing.

## **WASHING:**

- Brush extensions thoroughly before washing to remove any tangles.
- Now that your hair is thicker, you may decide to divide the hair into two sections on either side of the head to wash or multiple ponytails and wash section-by-section.

## **SHAMPOO:**

- Use a sulfate-free and paraben-free shampoo.
- Begin at the scalp and massage shampoo into hair using a “Z” formation. Do not use a circular motion or flip head upside down as this causes tangles.
- Part hair and rinse all the way to the scalp. If you used the ponytail method to section hair, rinse one at a time. Follow up with a final rinse.

## **CONDITION:**

- Use a sulfate-free and paraben-free conditioner.
- Apply conditioner from mid-shaft down to the tips of your hair and leave on for 2-3 minutes. NOTE: Adding conditioner at or near the point of attachment may lead to tapes sliding out. Rinse completely.

## **DRYING:**

- Towel or air dry your hair as much as possible before using a blow dryer.
- The use of leave-in conditioner, heat protectants, as well as treatment oils from mid-shaft to ends is recommended to protect your extensions.
- Using a blow dryer, rough-dry the hair.
- Starting at the ends and working your way up toward the scalp, round brush the hair. Be sure to dry the point of attachment thoroughly.

## **STYLING TOOLS:**

- BELLAMI Hair Extensions are safe to use with thermal tools like curling wands, flat irons, etc.
- Temperature settings depend on your natural hair. You may use between 270°F-450°F on your extensions as long as proper heat protectants are applied before styling

## **PRODUCTS:**

- Use professional grade products recommended by your Stylist to maintain the health of your natural hair and extensions.

## **SWIMMING:**

- Before swimming, wet your hair with fresh tap water and apply a small amount of leave-in conditioner to the ends.
- Tie in a loose ponytail or braid.

- Once you are finished swimming, rinse the extensions with fresh water and spray with leave-in conditioner.

**SLEEPING:**

- Brush hair gently and loosely braid before sleeping.
- Do not go to bed with wet hair as it can cause tangling close to the scalp. If this occurs, schedule an appointment with your Stylist to remove immediately.

**COLORING:**

- DO NOT ATTEMPT TO COLOR YOUR HAIR EXTENSIONS AT HOME. Please consult your certified BELAMI Stylist for all color services and inquiries.

**SUNSCREENS:**

- Avoid use of chemical based sunscreens as this can discolor the hair. Please use mineral based sunscreens only.